



**South West
Yorkshire Partnership**
NHS Foundation Trust



Wakefield CAMHS

Service Information



With **all of us** in mind.

There must be a mental health need to receive support from CAMHS. Each referral is triaged on the appropriateness for support.

Single Point of Access (SPA):

Telephone number: 01924 735865

Single Point of Access is available between the hours of 9am and 5pm, Monday to Friday, to support with queries and referrals into CAMHS. The practitioners answering the calls, will triage and determine the appropriate pathway to direct the young person or parents/carers to support. It may be found that support within CAMHS isn't relevant, but the parents or young people will be directed to the appropriate service. The majority of our referrals are received through our Single Point of Access and referrals are received from professionals, carers/parents or from young people as a self-referral.

Primary Intervention Team (PIT):

Referrals to the Primary Intervention team are made via the Single Point of Access (SPA). The team provide parent information sessions on a range of topics to support families following triage in SPA and those awaiting intervention in other pathways in CAMHS. They also deliver group work with a focus on anxiety presentations for secondary aged children and their parents/carers and a parent led CBT group for primary aged children. The team also delivers a brief assessment and intervention model known as 2plus1. In addition to the above the team offer 'Safety Nets' which is delivered in conjunction with Wakefield Trinity RLFC the programme has a focus on emotional wellbeing and mental health.

Future in Mind (FiM) - Mental Health Support Team (MHST):

The Future in Mind MHST is a multidisciplinary team with a focus on mild to moderate emotional and mental health needs. Each state funded school, college and Pupil referral unit (PRU) has a FiM linked practitioner who offers consultation (including single agency FiM consultation and multiagency Team Around the School/TAS consultation) and evidence based individual and group interventions. Alongside the direct work the team has a role in supporting educational settings to introduce/develop a whole school/college approach to emotional wellbeing and mental health, this includes providing psychoeducational sessions to children, young people, parents/carers and staff on a wide range of emotional wellbeing topics. Referrals to the team are made directly through the school by speaking to the Senior Mental Health Lead or the school's Future in Mind link member of staff. The team also have a role in provide training to the wider children's workforce in the district offering a variety of sessions which can be accessed via the Wakefield Safeguarding Children Partnership website [Home page • Wakefield Safeguarding Children \(wakefieldscp.org.uk\)](https://www.wakefieldscp.org.uk) .

Core Team:

The Core Team offer 6-8 sessions of therapeutic intervention, they first require an initial assessment to ensure this treatment pathway is suitable. The Core Team offer an array of groups, which a young person will be screened for appropriateness beforehand.

Specialist Team:

The Specialist Team is a service offered after initial intervention in another service. They offer specialist therapies. Core intervention needs to have taken place before a referral into this team is considered.

Psychiatry Pathway:

The Wakefield CAMHS Psychiatry Pathway is situated within the CAMHS Specialist Team and provides input to all CAMHS teams (Responsible Adolescent Child Homebased Treatment (ReACH), Core, Specialist, Eating Disorders, Neurodevelopmental Support Team (NIST) and Enhanced Outreach Team (EOT). The pathway consists of Consultant Child and Adolescent Psychiatrists, Core and higher trainee psychiatrists, Advance Nurse Practitioners and Nursing Associates, with oversight from the CAMHS Service Manager and Specialist Team Manager. Referrals can be made by CAMHS professionals for discussion at weekly Citywide Psychiatry Referral Meeting, requesting a psychiatric assessment with a view to consider medication trial or ongoing medication reviews and formulation.

We follow national guidelines such as NICE and British Association for Psychopharmacology recommendations when considering the use of medication under 18 and STOMP (Stopping The Over-Medication of children and young People with a learning disability, autism or both). We do not accept self-referrals for first line medication trial unless clinically indicated following SPA triage. We welcome students, observers and new starters to shadow the pathway clinicians and referral meeting.

Enhanced Outreach Team (EOT):

The Enhanced Outreach Team are a service who work closely with young people who are in care or on 'the edge of care'. The team currently do not support young people with a Special Guardianship Order (SGO). The service provides a care co-ordinator and carries works closely with young people and their families/carers. The team work closely with The Emotional Well-Being Team, Youth Offending Team and Forensic CAMHS.

Eating Disorder Team (ED):

Multidisciplinary team offering advice, consultation and assessment of disordered eating and treatment of those diagnosed with anorexia nervosa and bulimia.

The team work closely with paediatric colleagues at Mid Yorkshire Hospitals to address physical health care needs.

Neurodevelopmental Support Team (NIST):

The Neurodevelopmental Support Team offer a service to support young people with a diagnosis of Autism Spectrum Disorder ASD/LD Learning Disability who also have mental health difficulties.

They would require significant adaptations for delivery of treatment needs that cannot be met by another CAMHS team.

Responsible Adolescent Child Homebased Treatment ReACH Team (Former Crisis Team):

Telephone number: 01924 735865

This is a multi-disciplinary team offering responsive and emergency assessment within the community or a hospital setting. We offer follow up appointments in the community or within a clinic setting and treatment within the home environment or within a clinic setting. The ReACH team also offer intensive home-based treatment to prevent hospital admission or further deterioration of mental health. They can also support discharge from hospital

The opening hours for this service – Monday to Sunday 9am – 8pm