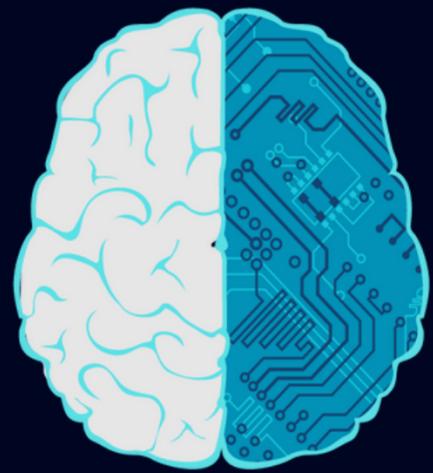


DIGITAL HARMS

CATHERINE KNIBBS ONLINE HARMS CONSULTANT, SPEAKER
AND AUTHOR



**COMPASSION, EMPATHY
AND CURIOSITY IN
PRACTICE**

TECHNOLOGY IS DEVELOPING VERY FAST



How can you keep a sense of curiosity about something you may not understand?

Technology moves so fast, language about technology moves as fast and policies, procedures and practice is often left way behind.

How can one cultivate what is needed for a space that seems overwhelming, neverending and increasing?

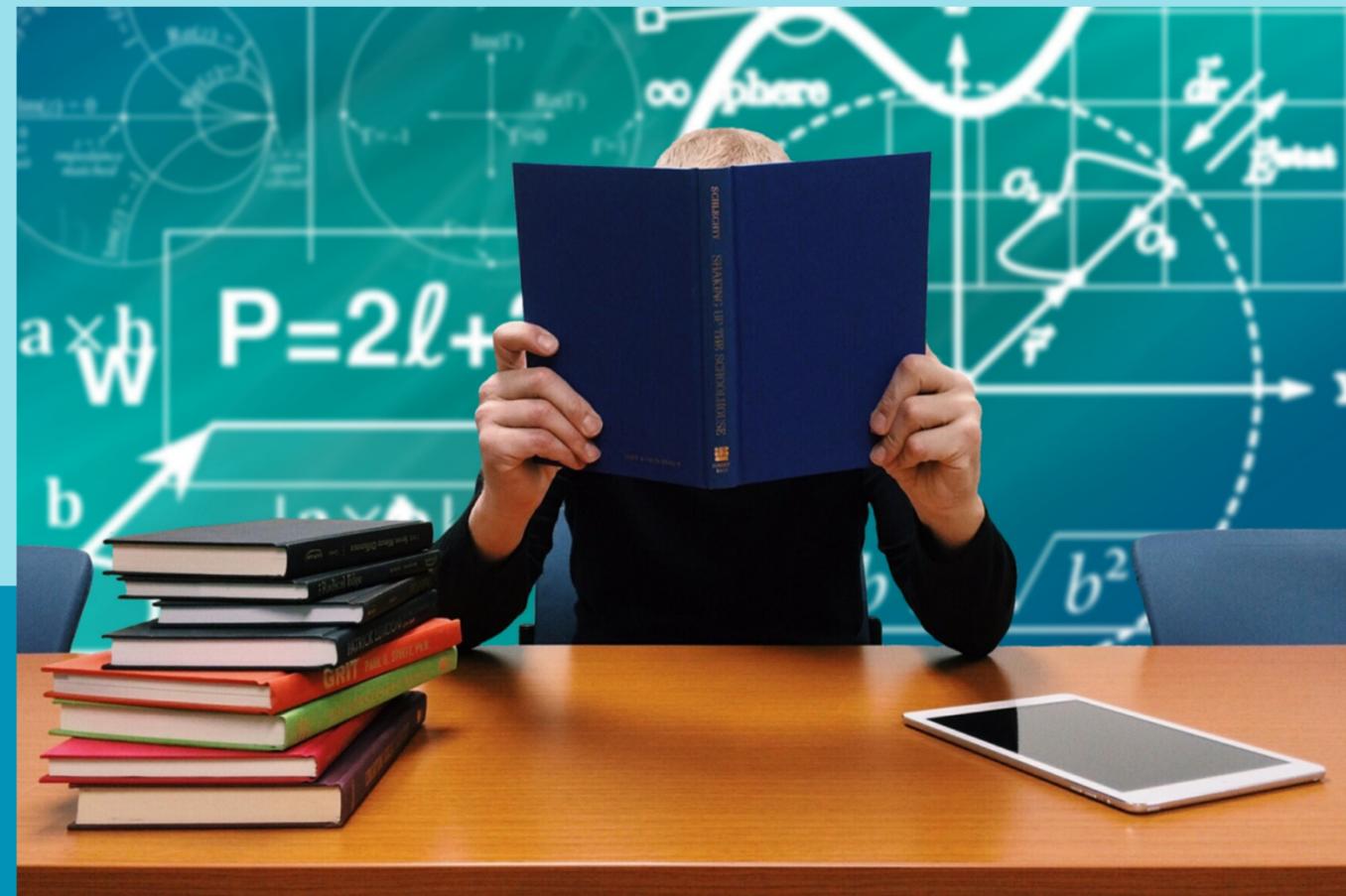
BEGIN AT THE BEGINNING

The practitioner

Curiosity arises from a place of wellbeing, trauma resolution, inquisitiveness and willingness to learn and to be wrong

The elements

it requires self awareness, self compassion and self direction



COMPASSION FOR YOU



Self Compassion

Self Compassion is a learned skill. it requires a degree of knowing that you matter, you are not being selfish, that you need to create a self that can be with others and explore thier world

Self reflection

Reflexive practice and self reflection enable us to address the spaces in which we found ourselves not doing the above

Self Care

Self care is not selfish
Self care = other care

EMPATHY TO CURIOSITY

BUT HOW... WHEN I DONT KNOW?



Types of empathy

Cognitive
Emotional
Compassionate

Emotional Fluency

Like language this skill allows for leaning in to apply the curiosity

Curiosity is not WHY alone

Modus Operandi, Attachment, Needs, Outcome and aims

The Technology. The Target. The Aftermath

What can I do, what can I say, How do I approach it, What are the issues?



WHERE ARE WE NOW?

An overview of how to safeguard a child in your role and how to apply curiosity in practice to these issues.



'Digital' Safeguarding

How does this differ from IRL?



Policies?

What and Where and How



Online Safety Bill

Panacea, Legislation and for whom?



Online Harm

Your role, process and how to



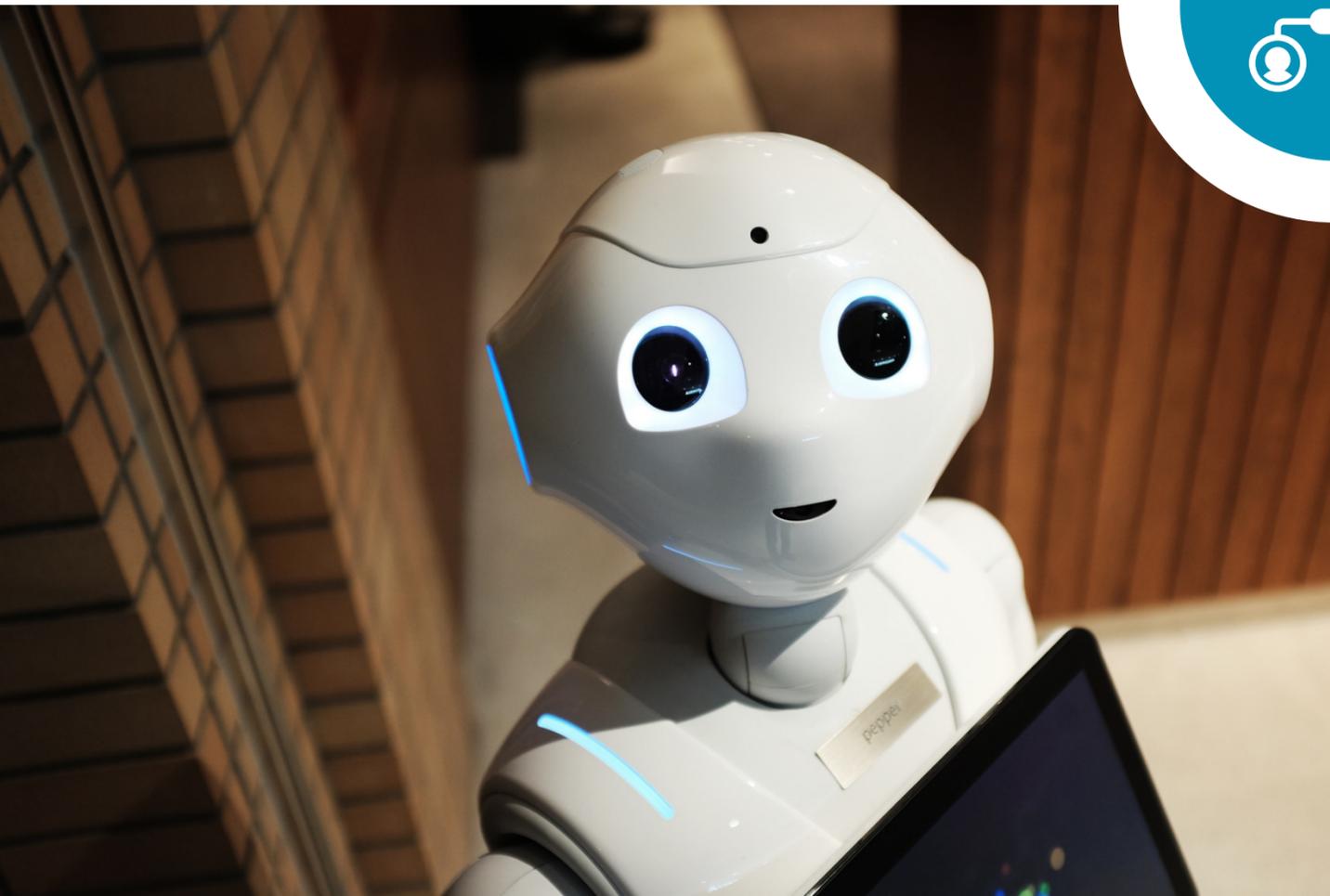
BEYOND CONTEXTUAL

SO...WHERE IS THIS?

Outside of the home, or In the home?

When you look to legislation and contextual issues this often reflects the space, location or people

ONLINE HARM AND THE ONLINE SAFETY BILL



For the practitioner

What do you need to know about this space and how this applies to safeguarding, policies and the case studies we will now look at.

HARMS

This list is not exhaustive, nor will you see all of these in your careers (hopefully)



Terrorism
Radicalisation
Exploitation
CSAEM
Adult Material
Image Based Abuse
Cyberflashing/Upiskirting/Downblousing/Sexting/Coerced imagery
Hate Speech
Self Harm
Suicidal Content
Eating Disorders
Mis/Disinformation
Cyberbullying/Harassment

CATH KNIBBS AND SARAH HENRY
SAFEGUARDING 'SHS' PRESENT

ONLINE HARM?

**Decoding and
Understanding:
A day of collaborative
conversations**



As we wait for the online safety bill to make its passage through the House of Lords we must not and we will not wait to protect children online

What is the Metaverse? What is a TikTok challenge? How are children and young people influenced by online harms?

What are the current online harm threats?

And most importantly! What is needed to keep children safer and mitigate this harm

TARGET AUDIENCE:

- Multi Agency Professionals working with children and young people
- Schools
- VCS
- Police, Youth Justice, Probation
- Health & Social Care & Early Help Services



BOOK NOW

**THURSDAY
4th MAY
2023
9AM – 4PM**

At Nostell
Priory,
Wakefield,
WF4 1AB
Tickets: £199.00

The day will bring multi-agency professionals together with a view to collaborating on good practice and solutions.

Round table discussions on the following themes:

Online Challenges, TikTok, the metaverse, risks to children and the potentially harmful influence of Social Media on children

Child Criminal and Sexual Exploitation including violence against women and girls

Gambling and the impact on children

Radicalisation including the INCEL movement

Internet Influencers and the effect on children



Sarah Henry CEO of SHS LTD. Sarah is a qualified Youth and Community Worker and now delivers safeguarding and mental health training courses at her training suite at Nostell Priory in Wakefield. Sarah is an adult survivor of CSA and is committed to preventing harm to children and young people.



Catherine Knibbs Child Trauma Psychotherapist (Cybertrauma) Cath is a Clinical Doctoral Researcher Consultant, Public Speaker, Author, Child Trauma Psychotherapist and member of the VUWG. She writes about and works with cybertrauma which is any trauma that occurs through an internet ready device.

Pro Self-Harm/Eating Disorders & Suicide pro sites and the impact on children

The risks and threat to children of accessing or being sent pornography/ and or child sexual abuse and exploitation imagery

Cybersecurity

Bullying & Cyber Bullying

Gaming



BOOK NOW



CASE STUDIES

VIGNETTES

**UNTIL Q&A
SECTION**



THANK YOU!!!

WWW.CHILDRENANDTECH.CO.UK