

# Does your child have asthma?



**Don't forget about their medicines  
this summer...  
...it will help them when they go  
back to school.**

Experts say that children need to use their preventer medicine properly during the school holidays. This will help to keep them well and to cope with common infections when they return to school or nursery in September.

Get your child's inhaler technique checked by your Pharmacist, GP, or Practice Nurse. Visit [www.asthma.org.uk](http://www.asthma.org.uk) for more information.

**If you have any questions about asthma.....  
you can talk to your pharmacist, GP or Practice Nurse or visit Asthma UK's website at [www.asthma.org.uk](http://www.asthma.org.uk)**

## **Call the Asthma UK Adviceline -**

The Asthma UK telephone Adviceline service is open Monday to Friday from 9am to 5pm. The number to call is **0300 222 5800**. A small friendly team of asthma nurse specialists who provide independent confidential advice and support to people with asthma and their Carers.