

How childhood trauma affects health across a lifetime:

Adverse Childhood Experiences (ACES)

Nadine Burke Harris

16mins

Ted Talk

Overview

Childhood trauma isn't **something you just get over as you grow up.**

Pediatrician Nadine Burke Harris explains that the repeated stress of abuse, neglect and parents struggling with mental health or substance abuse issues has real, **tangible effects on the development of the brain.**

The effects of Adverse Childhood Experiences (ACE's)

Click on the picture or copy and paste the link into your browser to view.



https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

Wakefield
Safeguarding Children
Partnership

Please email your Feedback or Comments to:
wscpevents@wakefield.gov.uk

