

WHAT'S IN YOUR VAPE?

There is no known way to know what
vaping products claiming to be cannabis /
THC contain and what the effects will be.

They are illegal Class B drugs
so there are no regulations in place.

Wakefield

Inspiring Futures

WE **SUPPORT AND LISTEN**

TURNING
POINT



Under 25's
Drug & Alcohol Service

Know the Risks

There have been incidents where people have become unwell after intentionally vaping liquids that they believed contained THC (the psychoactive compound found in cannabis), but unknowingly contained a more harmful synthetic drug known as Spice. This is much stronger and produces more negative side-effects that can require hospitalisation.

The best way to avoid any risk of harm is to avoid using illicit vaping products.

There is always a risk with taking drugs, but if you are going to try them, follow some simple harm reduction advice:

- Start low, go slow
- Don't inhale deeply on cannabis/THC vapes
- Try not to use alone
- Look after your friends
- Don't be afraid to call 999
- Use 'What 3 Words' to identify your location
- Avoid mixing drugs including alcohol

Always call 999 if you are worried

Signs of an Overdose

- loss of consciousness
- breathing difficulties
- seizures
- high temp over 38.5°
- severe chest pains
- vomiting

Spice overdoses

symptoms can include:

- twitching or jerking movements
- fully dilated pupils
- shivering

Got Questions? Worried about Your Substance Use?

Talk to us for free and in confidence:

0300 123 1912

Wakefield-IF@turning-point.co.uk

turning-point.co.uk/services/inspiring-futures.html

Follow @Turning Point
Inspiring Futures on Facebook.

