SUMMER HOLIDAY SWIMMING AT ASPIRE MINSTHORPE

This summer, take to the water with our summer holiday swimming programme at Minsthorpe Leisure. Our sessions are designed to improve aquatic skills through lessons, fun games and activities. Please note, all sessions require prior booking.

To book your place, speak to a member of staff today!



FAST TRACK BEGINNERS (5 YEARS+)

Take the first steps of learning to swim with our fast track swimming lessons. Lessons aim to develop aquatic skills and stroke through fun games and activities.

Price: £33

When: Monday 1 - Friday 5 August 1:15pm - 1:45pm or 1:45pm - 2:15pm Monday 8 - Friday 12 August 1:15pm - 1:45pm or 1:45pm - 2:15pm

Course Requirements: 5 consecutive days

WATER SAFETY

Learn the basics of personal survival, perform basic water safety techniques and simple rescues! Suitable for children aged 5 years+

Price: £6.60

When:

Monday 1 5 August, 9:15am - 10:00am Wednesday 17 August, 9:15am - 10:00am Monday 22 August, 09:15am - 10:00am Friday 26 August, 09:15am - 10:00am

Course Requirements: Participants must be able to travel 10m



SCAN THE QR CODE TO SEE OUR FULL 2022 SUMMER SWIMMING PROGRAMME



