Safeguarding Children Partnership

Safeguarding Children & Families during Covid-19

Version 7

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1. Context

Covid-19 pandemic continues to place additional pressures for children and families. Agencies who support children and families recognise the severity of these pressures and the heightened levels of vulnerability for some children, in respect of, but not exclusive to:

- interfamilial child abuse including neglect, physical abuse, sexual abuse and emotional abuse as children are home for extended periods;
- domestic abuse and parental conflict incidents;
- perpetrators of child exploitation adapting approaches to exploit children online and in line with restriction guidelines to remain undetected;
- parental and child mental ill-health;
- an increase in substance and alcohol misuse

In response to the ongoing restrictions, Wakefield Safeguarding Children Partnership (WSCP), have produced this guidance to embed a partnership wide approach to support agencies' arrangements to safeguard vulnerable children and families, in addition to agencies being able to recognise children and families who need further support within the context of the pandemic.

2. Information & Advice during Covid-19

For general information please refer to the UK Government advice and for specific service areas please refer to the appropriate section listed below:

UK Government Advice

- o <u>GOV.UK</u>
- o <u>NHS</u>
- o Public Health England
- Wakefield Council
 - Wakefield Council Covid-19 Information
- West Yorkshire Police
 - o West Yorkshire Police Covid-19 Information
- Health Clinicians & NHS Managers
 - o NHS England Covid-19 Information
- Schools & Educational Settings
 - Wakefield Council Schools & Children
 - DfE Guidance for Schools
 - o DfE Guidance Early Years Settings
 - WSCP Education Safeguarding Policy Template 21/22
- Children's Social Care Services
 - o DfE Guidance for Children's Social Care Services
- Multi-use Community Facilities permitted use for support groups
 - o Guidance for the safe use of multi-purpose community facilities

3. Support through Existing Pathways

Throughout the period of the pandemic and stages of restrictions there have been supplementary arrangements in place which included a Safeguarding Vulnerability Tracker, weekly Locality Cluster Meetings and 3-weekly Safeguarding Children Partnership Executive meetings.

Given restrictions are minimal in comparison to previous periods of the pandemic at this moment it is felt existing pathways to support children and families is strong and there is not a requirement to reinstate the arrangements listed above. A weekly Children's Silver Tactical Group represented by services who work with children and families is continuing to meet on a weekly basis to monitor pressures and make decisions to support front-line delivery as need changes.

The below communication message has been circulated to services across the partnership:

Working Together During the Pandemic - Since the beginning of the year all services have been affected by the rise in Covid infections as the Omicron variant has become the dominant variant.

Partners have been meeting weekly at the Children's Silver Tactical Group to share information about system pressures. We have discussed how we can work together to ensure children are safe and well at this time and we can support each other to manage the challenges caused by staff being absent from work.

It is important to emphasise that, whilst there is some disruption, universal services including the 0-19 service, schools and early years providers continue to be open, and any concerns can be escalated in the usual way.

The 0-19 service is continuing to deliver all contacts at present, however some of these maybe via phone, Microsoft teams, or AccuRX. The health visitor or school nurse may still carry out a visit in home or school, and in some circumstances the date may have to be changed to a later date when staff have returned to work. Families can contact the service directly via the single point of contact, 01924 310130, Monday to Friday 9-5. This is just a temporary arrangement over the next few weeks to support service delivery.

If you have any worries about how a child or family you know may be affected by the pandemic, please raise these with your multi-agency colleagues through the usual arrangements – this may be as simple as an initial conversation in your cluster, or by raising at a Team Around the School or Team Around the Early Years Meeting.

4. Children Not Attending School: Missing From Education, Unauthorised Absences, Elective Home Education, Shielding from Covid-19

The additional pressures Covid-19 has placed on families where a child is not attending school has also been recognised by services in Wakefield. Arrangements in place to monitor and appropriately support those children remain as normal, these include:

• Children Missing From Education Pathway;

- Elective Home Education Pathway;
- access to support from Education Welfare Service;
- access to support form Team Around a School Link Social Worker and Link Children First Worker;
- established Safeguarding Referral Pathway via Multi-Agency Safeguarding Hub (MASH)

In addition, Locality Cluster Meetings have a focus for those children to be discussed should further support be required on a case by case basis.

For further information and guidance on Children Missing From Education and Elective Home Education in Wakefield, see below:

Children Missing From Education Guidance: Children Missing Education - Wakefield Council

Elective Home Education Guidance: Elective Home Education - Wakefield Council

5. Wakefield Safeguarding Children Partnership (WSCP)

WSCP arrangements remain in place and continue to operate as normal virtually.

WSCP Safeguarding Partnership Executive (SPE)

The SPE continuing to meet every three weeks with a focus on:

- Service offer and updates from Children's Services, Wakefield CCG, West Yorkshire Police, Public Health and Education;
- Safeguarding Vulnerability Tracker;
- communicating with the wider partnership;
- seek assurance locally via auditing on national reports and data performance;

WSCP Sub-Groups

All WSCP subgroups continue to operate:

- **Safeguarding Effectiveness Group:** Maintain responsibility for WSCP's assurance activity and performance data;
- Child Safeguarding Practice Review Group: Continue to carry out its responsibilities in considering all serious safeguarding incidents involving children where abuse or neglect is suspected.
- **Multi-Agency Child Exploitation (MACE) Group:** Oversight of work in tackling and preventing child exploitation;
- **Child Death Overview Panel (CDOP):** Considers all child deaths in the Wakefield area to identify modifiable factors;
- Learning & Development Group: Implement learning from audit activity and devised and delivered adapted training offers during the pandemic

Multi-Agency Training

WSCP training for multi-agencies and schools continues to be available face-to-face, online and via e-learning.

A range of e-learning packages have been produced and are available to access. Specific packages have been produced for volunteer and school staff who may have to step into roles on a temporary basis. The range of e learning courses available are being extended to support services during this period. Multi-agency training courses can be accessed via www.wakefieldscp.org.uk/training-courses/

Safeguarding Children Partnership Conferences are taking place virtually providing learning and consultation opportunities to practitioners via live webinars, podcasts and pre-recorded briefings. December 2020 and June 2021 Conference resources can be accessed via www.wakefieldscp.org.uk/safeguarding-week/

WSCP Multi-Agency Guidance & Latest News

For all other WSCP guidance please see:

- WSCP Covid-19 Page
- WSCP Worried About a Child?
- <u>WSCP Procedures, Protocols and Guidance</u>
- WSCP Twitter Page

6. Service Delivery

Below provides information on agencies current service offer during the pandemic. Whilst this list is extensive it is not exhaustive, it is advised a service is contacted directly to check.

Barnardo's

WESAIL – SENDIAS and Local Offer. All staff have been provided with resources to work from home and to maintain service delivery through remote means. Regular check-ins are taking place with existing service users, and information, advice and guidance continues to be provided through the Duty Line which is monitored daily. A Facebook page which provides information and updates to parents and carers of children and young people with SEN is being maintained, providing updates and including resources to support families through the current crisis. The Local Offer website continues to be maintained and supported by the service.

CAPS (Children and Young People's Advocacy Service) continues to deliver advocacy support via both direct contact and digital / remote means to children and young people who are cared for or who are subject to child protection planning.. Staff maintain regular contact/ checkins with existing service users, including regular calls to young people to chat and catch up when they have limited people in their lives, catch up letters and resources for young people to try including recipes, crafts and wellbeing bingo and continuing to offering support to the residential units via virtual "drop in's". For those children who have difficulty engaging via remote methods, direct sessions are delivered within a Covid-safe framework. The majority of meetings continue to be held virtually, however s small number of meetings, for example core group meetings are being held in person. Systems are in place to monitor and receive referrals into the service.

Children and Adolescent Mental Health Services (CAMHS) Response and A&E diversion

- Wakefield CAMHS Reach team operates seven days a week delivering services between 9 am - 8pm every day and the Psychiatric Liaison team operates seven days a week 8pm -9am every day.
- The Reach service now focuses on providing responsive support for children and adolescents in the place where it is needed; including home-based and community treatments and therapies preventing the need to attend A&E.

The REACH team

- The REACH TEAM offer:
 - Triage and signposting
 - Flexible support including home-based and community treatments
 - Consultation, care planning and risk assessment
 - o Multi-disciplinary team working and formulation
 - Responsive assessment which is needs-led
 - o Treatment and therapeutic interventions
 - Support to access inpatient CAMHS treatment or transition back to the community.
- The REACH team prioritise seeing young people in the community to prevent them needing to attend A&E (unless there is a medical requirement to do so) and work creatively to safely deliver an assessment in the community.
- Where a young person is in A&E, the team will respond as soon as possible to undertake the assessment.
- For some young people aged 16/17 it can be more difficult to arrange an appropriate adult to attend the hospital, because of living independently etc. In these circumstances the assessing clinician will determine whether it is safe to assess the young person in the absence of an appropriate adult in the room to prevent delay to discharge from hospital. They can either include an appropriate adult over the telephone (such as a social worker) or arrange for the follow up appointment to be undertaken on the same day in the community. There are circumstances where this would not be safe to do and in these cases a young person would be required to remain on the ward until an appropriate adult can attend.
- The REACH team continue to support young people who need urgent support in the community and undertake as much clinical work as possible over the telephone, however where required, young people can be seen at Airedale Health Centre, Drury Lane or if required at home (including in situations where the house is symptomatic). The appropriate PPE equipment is available to the team.
- The REACH team will continue to operate between the hours of 9am and 8pm, seven days a week.
- An offer of urgent mental health assessment between 8pm and 9am at A&E is also available. Please note: this option should be a last resort and where possible a young person should be given support to manage in the community until they can be seen by the crisis team.
- The team can be contacted through Single Point of Access (SPA) Wakefield on 01977 735865.

Core CAMHS

- People currently receiving care from CAMHS clinicians will continue to be managed by their practitioner. Contact will take place either by telephone/Video link or face to face appointments. Where it is safe to do so appointments will continue as they have been and there should be minimal changes to the current delivery of care and treatment given the new lockdown guidance.
- All appointments will adhere to the national guidance, and therefore practitioners may reduce current face to face contact and replace the sessions with telephone/video link appointments to reduce the risk to all and to prevent any break in treatment (e.g. where a practitioner is self-isolating but able to work from home)
- There is a duty worker who is able to see young people face to face at Airedale Health Centre/ Drury Lane should they need a face to face appointment and their own worker cannot accommodate this and in exceptional/crisis cases, these visits can take place at the patients home.
- Staff will continue to monitor their case load and offer treatment where practical to do so, some treatments cannot be delivered easily; cases will continue to be processed through the pathways.
- Assessments may be undertaken by telephone. If these can be concluded, then children and young people will progress to a treatment pathway/waiting list. Where these cannot be concluded without face to face appointments, a face to face appointment will be arranged.

Specialist work

 Much of the specialist work (e.g. - art therapy, play therapy etc.) cannot be undertaken without being in room together, and therefore we have had to reduce the number of sessions available across the service to comply with national guidance. Therefore cases open to specialist practitioners will be informed of whether they will be seen face to face, or offered treatment remotely. Where treatment cannot be offered/provided the case will be monitored and consultation offered by telephone.

Enhanced Outreach team

- The enhanced outreach team will continue to support children in care. All young people who are part of caseloads or support systems will be monitored in the usual way and discussions will take place with other professionals involved about the delivery of care and treatment.
- Face to face appointments, telephone or video link sessions or consultations may be offered. These will be delivered in line with clinical risk and in accordance with national guidelines.

Eating disorders

- The eating disorders team continue to support young people with eating disorders. The team continue accepting referrals and have a duty worker on shift each day to offer support to SPA/triage referrals and undertake any essential face to face contacts.
- Practitioners will continue to monitor young people's wellbeing, and consultation will be offered by telephone to families and professionals.
- Face to face appointments are available and will be delivered in line with national guidelines.

- Physical health checks are an essential component of the work of the team and therefore a physical health clinic will remain in place weekly to allow safe monitoring of patients. This will be undertaken with clear guidance on room preparation and social distancing.
- Any young person who needs additional support can continue to access this through the crisis (REACH team) and intensive home based treatment service.

Single Point of Access (SPA)

• SPA functions will continue as normal between the hours of 9 am and 5pm, Monday to Friday. SPA will remain a critical function for CAMHS. They will continue to offer support/advice and they will triage referrals and signpost as required.

Primary intervention team

All schools' work is being offered in line with national guidance and schools advice but is in line with the agreed FIM offer and TAS pilot.

2+1 - A brief assessment and treatment model

- Clinical intervention in the form of 2+1 will continue be offered to children and young people. Any resources required will be sent to families prior to sessions by post or email and treatment can be delivered by phone.
- If the young person's risk indicates face to face is required, then this can be facilitated.
- Following 2+1 treatment by telephone, the usual pathways will be available for children and young people.

Group work

- All group work continues to be provided via Microsoft Teams. All face to face group work has been cancelled.
- Following the intervention usual pathways will be available for children and young people.

Autism spectrum disorder (ASD) assessments

• <u>ASD assessments 14+</u> are now in the process of concluding remaining assessments. All new referrals are to be sent to Mid Yorks Hospital

Turning Point talking therapies (IAPT)

- Turning Point deliver talking therapy services in Wakefield and are available for children and young people aged 16 and above who are registered with a GP surgery in the Wakefield District.
- Turning Point are committed to continuing to be available for those requiring support; adapting service delivery in line with the government advice to protect both people that use their services alongside staff.
- All groups and workshops have been suspended for the foreseeable future and current face to face support, where possible, will be replaced by telephone therapy.
- Turning Point is contacting all clients directly who are affected by this change.
- New referrals to the service will continue to be accepted. However where possible, these referrals need to be made online via the Turning Point website, as their phone lines are currently very busy.

• Visit the <u>Turning Point talking therapies website</u> and find out more.

Kooth online

- This service continues to be available to support the wellbeing and resilience of young people aged 11-25.
- Kooth is a web-based confidential support service. It provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.
- It offers young people the opportunity to have a "drop-in" text-based conversation with a qualified counsellor. Counsellors are available from 12pm to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year.
- Young people can access regular booked online counselling sessions as needed also. Outside counselling hours, young people can message the team and get support by the next day.
- Support can be gained not only through counselling but from articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.
- You can also view a short video about the service at: www.vimeo.com
- Kooth presentations are able to be delivered for professionals online also. For further information please contact rchisem@xenzone.com
- Visit www.Kooth.com where young people can register and others can find out more about the service.

Kooth face to face

- Counsellors who currently offer face to face counselling sessions in Wakefield have been working on a suitable alternative for young people.
- Kooth will offer young people requiring face to face counselling a booked chat session appointment on Kooth.com with their named face to face counsellors.
- Kooth will continue to accept referrals for face to face clients through the normal referral process.
- Internal processes will be in place to identify Wakefield face to face clients online through ID numbers.
- Effectively they will move their face to face counsellors onto the online system to use as a safe and secure channel to deliver intervention and sessions to children and young people living within Wakefield.

A guide has been created to parents, carers or family member, to support children and young people in the Wakefield district with their mental health and wellbeing during the coronavirus pandemic.

Health and wellbeing services, whether for physical or mental health, are still available as usual for those people that need them. It can be accessed here:

https://www.southwestyorkshire.nhs.uk/wp-content/uploads/2020/05/1561-Wakefield-childrenand-young-peoples-mental-health-booklet-FINAL.pdf

Community and Voluntary Support during Covid-19 Voluntary and Community Response

Across communities and neighbourhoods, local voluntary and community groups alongside faith groups, schools and local businesses are identifying how they can work together to ensure that

people are supported during these difficult times. Building on local initiatives, Nova Wakefield District and its members, Wakefield Council and local NHS have together created a joint response to the challenges which our communities face. The Help at the Hubs is available for all including families across the district. <u>Help at the Hub - Wakefield Council</u>.

Future in Mind Community Navigators

Young Lives Consortium and the community navigators are an integral part of the community response. Future in Mind Community navigators, alongside Young Lives Consortium, Public Health, local NHS, and voluntary, community and social enterprise (VCSE) organisations and the wider Wakefield Council have developed an interactive website <u>www.wf-i-can.co.uk</u> full of top tips to improve wellbeing and resilience for children and young people 8-19 (two gate ways one for under 13's and one for over 13's, and those supporting young people, to help share resources and ideas. VCSE and the Youth Service staff, the WF-I-Can drop in and chat is available for children and young people from 1 pm -5 pm and 7 pm – 9 pm Monday to Friday online via <u>www.wf-i-can.co.uk</u>.

The Future in Mind community navigators continue to deliver support to children, young people and families via their host organisations and in connection with some of the community hubs and the help at the hubs; supporting distribution of food and supporting activities in communities online, face to face where appropriate and via telephone. If you would like to be kept informed or link into this offer please get in contact with Emily Castle, Young Lives Consortium, on: <u>emily@ylc.org.uk</u> or by text on 07835817480 (Monday – Friday 9.30am – 4.30pm).

Community Hubs

Community Hub support continues during the pandemic, see the details below for individual Help at Hub information or <u>click here to view the leaflet</u>:

Altofts - The Brig 0345 8 506 506 CommunitySupportVolunteer@wakefield.gov.uk

Castleford - Castleford Heritage Trust

01977 556741 07810 290687 john.heywood@castlefordheritagetrust.org.uk lornamalkin@googlemail.com

Eastmoor - Eastmoor Community Project St Swithun's Centre 01924 361212 info@eastmoorcommunity.co.uk cbann@eastmoorcommunity.co.uk orowley@wakefield.gov.co.uk Horbury - Senior Citizens Support Group 01924 565859 enquiries@scsg.co.uk

Knottingley - Kellingley Club 07951916738 johngoddard3158@gmail.com

Lupset - George's Centre

01924 369631 sheena.ibbotson@stgeorgeslupst.co.uk berni.obrien@stgeorgeslupset.org.uk wayne.kelly@stgeorgeslupset.org.uk

Normanton and Featherstone - The Well michelle@thewellproject.org.uk 07872 51640

Featherstone Community Hub 0345 8 506 506 CommunitySupportVolunteer@wakefield.gov.uk

Ossett Town Hall 0345 8 506 506 CommunitySupportVolunteer@wakefield.gov.uk

Pontefract - St Marys Centre 01977 705341 denisepallett@stmaryscommunity.co.uk

South East Wakefield - Kinsley and Fitzwilliam Centre 01977 610931 <u>rlucas@kinsley-fitzwilliam.org.uk</u> <u>carrington@kinsley-fitzwilliam.org.uk</u>

Hemsworth Town Council 0345 8 506 506 communitysupportvolunteer@wakefield.gov.uk

Westfield Centre/ South Elmsall 01977 642335 info@southelmsallcouncil.co.uk

Ackworth Parish Council Ackworth Churches Ackworth School (Ackworth Covid-19 Response) 01977 233600 info@ackworthparishcouncil.gov.uk

Wakefield Centre

Lightwaves Centre 01924 360158 info@lightwaves.org.uk ayub@nextgeneration.org.uk helen@nextgeneration.org.uk

St Catherine's Church Centre

01924 211130 lisa@stcatherines-wakefield.org.uk

Drug and Alcohol Service

Turning Point

Service:

All age district wide drugs and alcohol prevention, treatment and recovery service -'Turning Point Inspiring Recovery' and 'Turning Point Inspiring Futures'

Variation in delivery:

Hubs are open with minimum staff for emergency appointments. All service Hubs with Covid 19 Workplace Risk Assessments that determine staffing number allowed in service by building size. Home working with staff who's role allows.

Only high priority/high risk outreach and satellite working delivered with risk assessment in place

Home visits by exception with social distancing in place

On-going consideration of who needs to be seen face to face for PSI and why (benefit to the service user)

Guided use of my TP interventions Delivery of 1:1 PSI remotely

Online group offer

Video 1:1s & telephone support Identification of need & prep for detox/rehab delivered

Counselling accessed remotely

Access to psychological assessments & therapy remotely

5-step delivered remotely & access to 5-step online (via my TP)

1:1 Face to face interventions delivered for high risk clients

Medical reviews delivered remotely – minimum 12 weekly. Use of telemed (Viewpoint) or webex to support Use of Royal Mail to deliver prescriptions

Delivery of remote low risk alcohol detoxes including remote PSI support

Posting of Needle and Syringe Programme (NSP) equipment

Naloxone & pharmacy Naloxone available

Increased provision of lock boxes for safe storage

NSP available in hubs for emergencies

Delivery of BBV vaccinations

Check in with alcohol dependent clients remotely

Delivery of Hep C treatment

Delivery of Pabrinex for high risk clients

Face to Face Delivery during lockdown:

Face to face delivery has continued for all high risk service users, those new to service, reassessments and those released from prison. Onsite needle exchange open at reduced hours.

Face to Face Delivery post-lockdown:

Based upon the Tier structure there will be a phased return to face to face delivery.

Face to face delivery will continue for all high risk service users, new to service, reassessments and those released from prison.

Group-work with limited numbers in Hubs with large room space. Onsite BBV delivery.

Key Contact Information:

Phone Number: 0300 123 1912

https://www.turning-point.co.uk/services/wakefield

GP Practices

GP's remain responsible for provision of their Primary Medical Service responsibilities to all children registered with them (permanent or temporary). GPs retain their safeguarding role being mindful of safeguarding issues/risks when a child or their family/carer has contact with them (remotely or otherwise) and responding to any identified risks/concerns.

This includes continuing to liaise with fellow professionals through regular communication, including monthly safeguarding practice meetings with health visitors and midwifes.

Wakefield CCG has provided every practice in Wakefield with the attached Royal College of GP's advice on how to assess safeguarding issues when working remotely.

The CCG continues to ensure that all Wakefield GP Practices continue to receive all relevant safeguarding advice and updates.

Mid Yorkshire Health Trust Maternity Services

Antenatal Appointments continue to take place either at GP surgeries or at home, observing NHS and Royal College guidance on self-isolation. Pregnant women are being asked to self-isolation.

The midwifery pathway for vulnerable women and families in the context of Covid-19:

- continue to provide one to one support for emotional wellbeing from community midwives with advice and guidance from Specialist midwife. The pathway is unchanged. Offer either telephone or face to face contact as appropriate
- continue to refer women to psychological therapies and mental health teams for telephone assessment and treatment. This part of the pathway is unchanged
- multi agency review of complex care needs continues with MAPLAG conference via virtual meeting
- women continue to be screened for safe contact via telephone and information about safety given via maternity app and social media.
- face to face appointments for all antenatal and postnatal care continues as per national guidelines. This part of the pathway is unchanged
- telephone contacts are made for non-essential appointments or to follow up women who are Covid-19 positive or symptomatic
- multi-disciplinary team meeting continue via telephone conference to ensure all professionals are kept up to date and appropriate essential information is shared

Probation Services

West Yorkshire Community Rehabilitation Company (WYCRC)

- CRC Group Community Payback and Interventions [Accredited Programmes and group Rehabilitation Activity Requirements (RARs)] are suspended;
- service users will be managed by remote methods (telephone/video/Skype) with the exception of:
 - prison releases reporting for their initial appointment who hit identified risk criteria (domestic abuse, child safeguarding, sex offending) and where there are current concerns;
 - medium risk of harm cases who have identified risk criteria (as above) and where there are current concerns;
- the Wakefield office at Merchant Gate will be opening 12 5pm Wednesdays for prearranged appointments only

National Probation Service (NPS)

NPS are maintaining responsibility to protect the public from high risk offenders in the community:

- operating a predominantly remote service, using telephone/Skype contact and have doubled the frequency of these contacts;
- some face to face contacts (some office-based and others by doorstep home visits) for those who present the greatest risk. This includes convicted TACT offenders, Mappa 3 and cases presenting very high risk, including safeguarding and domestic abuse concerns;
- face to face contacts will also be used for initial appointments for prison releases;
- Offender Managers have access to remote consultation with psychologists for offenders assessed as high risk and with a Personality Disorder;
- Sex Offender Programmes are being delivered by phone on a 1:1 basis by specialist group programme staff;
- maintaining Mappa meetings remotely;
- maintaining Visor information exchange and receive intelligence from CTU and SOC in respect of individual cases;
- approved Premises all remain open;
- working closely with HMCTS to provide a remote service to Courts, including Bail Services to prevent unnecessary remands in custody.
- Divisional Homelessness Prevention Team is working closely with partners to enable us to secure accommodation for offenders, and we have obtained mobile phones to try and enable regular contact with offenders who do not have one.
- all meetings are conducted remotely, and suspended attendance at all meetings that are not directly necessary to maintain operations. Where partnership meetings are being conducted remotely, NPS are happy to receive minutes and to respond to queries by email
- Dewsbury Office is temporarily closed, and the Huddersfield and Wakefield office open on one day a week only.
- telephone contacts in addition to email addresses remain the same

Public Health

Children and young people need a lot of support at this time to make sense of what's going on due to Coronavirus, changes in their routine, dealing with their emotions and keeping in touch with those who are important to them. Young Lives Consortium and Wakefield Council Public Health have been working with young people to create something that can offer this support.

The online resource <u>www.WF-I-CAN.co.uk</u> provides children and young people (8-19yrs) with;

- Information and support on a range of topics and worries such as emotional well-being, living with domestic violence, being a young carer, LGBT+, bereavement and loss, sleep and staying healthy.
- Signposting to local and national websites and helplines.
- Mindfulness and self-care tips and activities.
- Distraction techniques including a creative area to colour online, play games or take on the weekly challenge.
- Online messaging facility where any child or young person can interact with a local youth worker if they have a worry or just want to share good news. It is open Monday – Friday 1-5pm and 7-9pm. This facility is not a counselling or crisis service.

In conjunction with WF- I-CAN is the Risk and Resilience website <u>www.riskandresilience.org.uk</u> which is specifically for practitioners working with children and young people 0-19 years. The website hosts:

- The Resilience framework which is an evidence based set of core competences that when developed/increased can help reduce poor outcomes and improve emotional wellbeing.
- A range of support tools (Conversation tool, online questionnaire).
- Short interventions, schemes of work and full programmes such as Luggage for Life. All these can be used or adapted for a range of educational, health and informal settings.
- Wellbeing for Education Return documents for schools, with national and local guidance and a comprehensive list of resources and leaflets around loss and bereavement, transition from lockdown, worries and anxiety and a selection to support parents and staff well-being.

Spectrum Services

Service: Wakefield Integrated Sexual Health

Variation in delivery:

Service to operate remotely where feasible. All patients will be risk assessed as they contact the service, high risk patients will be seen face to face. RSE programme delivered in schools will revert back to lockdown 1 plan of remote delivery. 1:1 for vulnerable children in schools have remote learning packages established. RSE team on chat back when online lessons are in place to ensure there is a conversation taking place.

Face to Face Delivery during lockdown:

All patients will be risk assessed as they contact the service, high risk patients will be seen face to face.

Face to Face Delivery post-lockdown:

Expect to revert back to routine service delivery, providing face to face where required, including YP drop-in clinics and RSE face to face delivery in schools.

Key Contact Information:

Tel: 0800 121 4860 Email: wakefield.sharp@spectrum-cic.nhs.uk

Service: Alcohol Liaison Service

Variation in delivery:

Only in the hospital 1 day per week. All other support delivered remotely

Face to Face Delivery during lockdown:

Nurses will only be on site (Pindersfields Hospital) 1 day a week. The Service is only commissioned to operate week days. Face to face delivery will be on the day that the nurses are on site and subject to agreement by ward staff

Remainder of days nurses will be working from home delivering telephone advice

Face to Face Delivery post-lockdown:

Return to normal offer, delivering all face to face appointments

Key Contact Information:

This is an Inpatient Service only

Star Bereavement

Through the Wakefield MH Alliance Wakefield Star Bereavement service has been commissioned through a VCS grant to support children and young people who are tragically grieving during this time.

Any child, young person or someone caring for them who feels they need help and support due to bereavement can contact us on <u>info@starbereavement.co.uk</u> or on 07599640714. The service aims to respond Monday to Friday 9am-5pm. <u>www.starwakefield.org.uk</u>

Wakefield 0-19 Service

Health Visiting, School Nursing, FNP and 5-19 Years Immunisation Service

Wakefield 0-19 Service can be contacted on 01924 310130, Monday – Friday 9am-4pm for advice and support:

Antenatal Contact

- A telephone / video call by a Health Visitor after 28 weeks of pregnancy (but it may sometimes be in person)
- Birth Visit
 - A home visit by a Health Visitor 10-14 days after a baby is born
- 6-12 weeks review
 - A follow up home visit by a Health Visitor
- 9-12 month review
 - A telephone / video call appointment by a Nursery Nurse or Health Visitor (but it may sometimes be in person)
- 2 year review
 - o A contact is offered by telephone / video call by a Nursery Nurse or Health Visitor
- Additional support for children and young people to meet their needs
 By telephone, video call or in person where required
 - Ongoing support for those known to services
 - By telephone, video call or in person where required
- Emotional support for young people
 - By telephone, video call or in person where required
- School Nursing Service 5-19 years
 - School Nursing Service is being maintained and available for children to access via normal school routes

• Immunisations for children

• Children 0-5 will receive contact from their GP, whilst children 5-19 will receive contact from the 0-19 Team regarding their immunisations.

For further information about the 0-19 Service visit <u>www.betterliveshealthyfuturesbw.nhs.uk</u>