

Supporting children back to school with Lumi Nova

As the summer holidays have drawn to a close, we know that the transition back to school can be a challenging time for many children and their families.

Start the year off right with a conversation about fears and worries. Hit play and watch a friendly member of the Lumi Nova team deliver a short, snappy presentation. This assembly style session is quick and simple to deliver, and interactive throughout. Deliver in a classroom or assembly setting to support young people to learn about worries and how to build their resilience.

Interactive Assembly



Back to School Resources

Whether it's the excitement and nerves of starting a new school, moving up to a new class, or simply getting back into a routine, Lumi Nova is here to help students manage back-to-school anxiety and build the confidence they need for a successful academic year.

Remind parents/carers that Lumi Nova offers a range of missions to help children build confidence as they return to school.

Back to School Poster

[Social Media Post](#)

[Parent Information Sheet](#)

Please signpost families to our website (luminova.app/wakefield) for FREE access to Lumi Nova!

If you have any questions, reach out to the Lumi Nova team at luminova@bfb-labs.com.