

WAKEFIELD INSPIRING FUTURES

**YOUNG PERSONS,
YOUNG ADULTS,
FAMILIES & CARERS
DRUG & ALCOHOL
SERVICE**

**LISTEN
DON'T JUDGE**

help

With a base in Wakefield City Centre we also offer a district outreach service to community settings and external agencies in partnership with Family Action and South West Yorkshire Partnership Foundation Trust.

**TURNING
POINT**
inspired by possibility



The Young Persons, Young Adults, Families & Carers Drug & Alcohol Service is a dedicated specialist service for those under 25 and their families.

WHAT WE OFFER

- Outreach service - meet you where it suits you
- Education about drugs and alcohol
- 1:1 support and space to talk things through
- Support to look at your drug or alcohol use, what are you using, how much and how often
- Help with deciding what changes you want to make with support to cut down, quit and gain control
- Access to support from our mental health nurse from SWYPFT linked to CAMHS
- Support for families and carers from our onsite Family Action worker
- Familyline, a free helpline for family members over the age of 18* which offers befriending and counselling support Monday to Friday 9am to 9pm and a text crisis line outside of these hours. Call the helpline now on: 0808 8026666 or text: 07537 404282

TURNING POINT'S SERVICE IS FREE

Our confidential** service covers the Wakefield District and is flexible so we can meet you wherever works for you - school, youth club or somewhere else. We also have a city centre site at Cross Street, Wakefield.

CONTACT US

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*Family Action will refer anyone under 18 to the relevant services.

**All information shared is confidential unless there is a risk to you or anyone else.