

HELPING THOUSANDS OF PEOPLE EVERY YEAR

This year Turning Point will help thousands of people to recover from drug and alcohol problems. We offer practical support in three key areas of your life.

YOUR HEALTH

We offer practical support around harm reduction such as needle exchange and blood borne virus support.

Our sessions can teach you new ways to manage your use as well as cutting down and quitting.

We have a medical team who can provide treatment advice to complement and support your recovery.

YOUR WELLBEING

Recovery can feel hard – our service supports you as a whole person helping you find the fun in life again with alternative activities, volunteering opportunities, alternative therapies and a safe space to talk. We also support those you love so they can learn alongside you – which will aid your recovery and help them understand more.

YOUR FUTURE

We work in partnership with local agencies to support your future. Support is available to help with housing, education, employment, life skills and hobby skills.

Recovery is more than just stopping using drugs or alcohol, it is about moving forward into a healthy and happy future which is in your control.

FIND US



T: 0300 123 1912
E: Wakefield-IR@turning-point.co.uk
W: www.turning-point.co.uk/wakefield
P: Radcliffe House
10 The Bull Ring
Wakefield
WF1 1HA

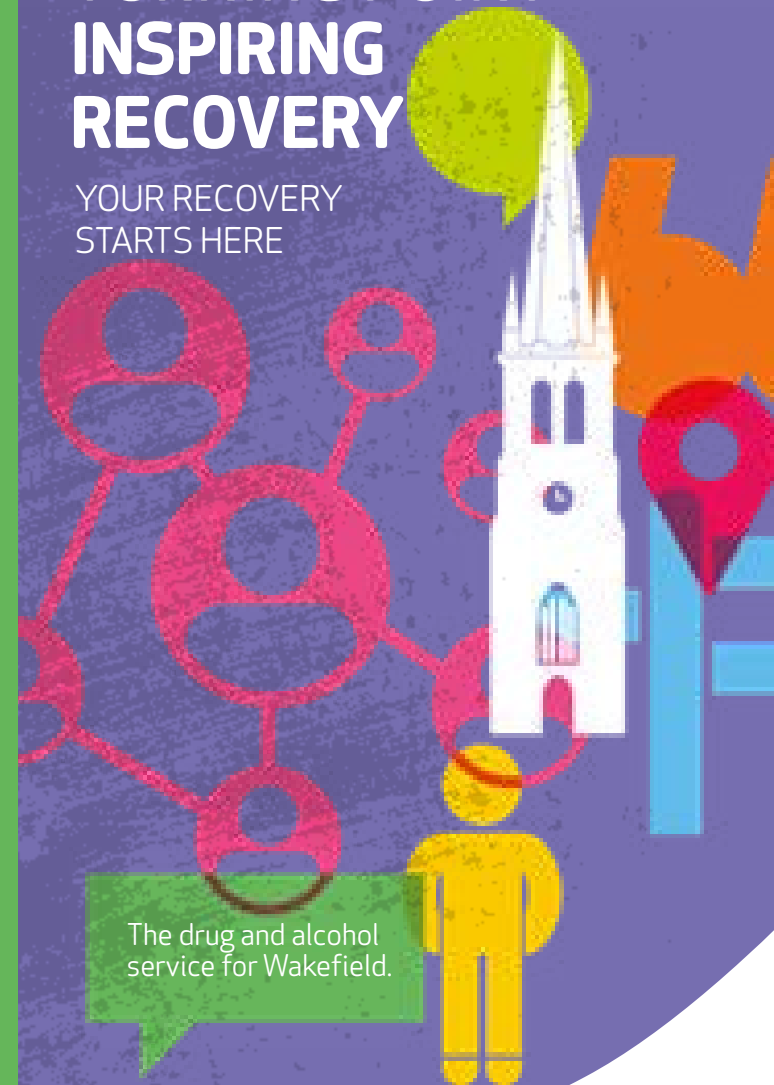
We run satellite sessions at a number of venues across Wakefield and in the Districts where we deliver the full range of our interventions. For the latest information on our satellite services please give us a call.

TURNING POINT
inspired by possibility



TURNING POINT INSPIRING RECOVERY

YOUR RECOVERY STARTS HERE



The drug and alcohol service for Wakefield.

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WHAT WE OFFER

We deliver a number of interventions across the district which include:

- Group work sessions
- Recovery worker support
- Psychosocial Interventions
- Health & Wellbeing services
- Relapse prevention
- Peer mentors
- Substitute prescribing
- Mindfulness
- Harm reduction services
- Needle exchange
- Close partnership working with housing and employment services
- Young Persons Families and Carers Service
- Criminal Justice Interventions
- Specialist Outreach Workers



Your essential guide to our service

Turning Point has been running services for those with drug and alcohol issues for more than 50 years.

We have a number of hubs from which the service operates as well as community satellite sites.

You can self-refer or be referred by an agency you are working with, using the details on the back of the leaflet.

WE HAVE A WIDE RANGE OF TREATMENT OPTIONS SO WE CAN TAILOR OUR SERVICE TO MEET YOUR NEEDS

VISIT THE WEBSITE FOR MORE INFORMATION

www.turning-point.co.uk/wakefield

We are here to support you - what have you got to lose?

Practical support from people like you.

Everyone we support has a dedicated recovery worker, someone who will help you find your own path to your own recovery.

At the heart of our service is the belief that everyone has the power to change and make different, healthier choices – our peer mentors, people like you who have been through their own recovery journey and know the challenges you can face are with you every step of the way.

I work full time/I'm a parent - is there a service for me?

We can work flexibly around your work or childcare to ensure you can access a range of interventions to suit your needs.

FAQs

Will my work or family or neighbours find out I am using your service?

All of your information is kept safe, and not shared outside of our organisation without your explicit permission. Without that permission we are only obliged to share information with other professionals if there is a serious risk to you or to another person.

I'm not sure I have a problem - will I be wasting your time?

Our staff have a lot of experience supporting people to decide what changes they want to make. We work with some people for a long time while others need only brief support. This is your recovery. It doesn't matter what you are using. We will support you.

I know someone who has a problem - can I refer them?

It's brilliant that you can see our service supporting the person – but they have to be aware of the referral, after all it is their recovery. You can accompany the person to support them attending.

We understand that drugs and alcohol use can impact on friends and family too – we offer a dedicated service to the family, friends and carers of our service users.

I'm really nervous about coming in

You are not alone, lots of people feel nervous before their first visit.

Our services are here to offer a relaxed, welcoming environment, and our staff will do all they can to make you feel comfortable.

Give us a ring on 0300 123 1912