

## Useful information

We have put together a list of useful contacts who you can approach for advice and information throughout your care.

### **Barnardo's Young Families Service Wakefield**

The Young Families Service provides support to teenagers and young parents under the age of 20 living in the Wakefield area.

**Telephone: 01924 304152**

### **Child Line**

Child Line provide a confidential counselling service for young people who want to talk about a problem they are facing.

**Telephone: 0800 1111**

### **Connexions Wakefield**

Connexions Wakefield is a confidential information and support service for young people in the district. Their advisors can provide advice on a range of issues including education, employment, money, health and relationships.

**Telephone: 01924 371579**

**Email:**

**connexions.wakefield@prospects.co.uk**

### **GASPED**

GASPED (Greater Awareness and Support for People Encountering Drugs) provide information and support to parents and carers who are affected by a loved one's drug or alcohol use. They also provide one-to-one counselling to offer advice and guidance.

**Telephone: 01924 787501**

**Website: [www.gasped.org.uk](http://www.gasped.org.uk)**

### **MESMAC**

Yorkshire MESMAC work with lesbian, gay, bisexual and transgender (LGBT) communities to tackle underlying causes of physical and mental ill health.

**Telephone: 01924 211116**

**Email: [wakefield@mesmac.co.uk](mailto:wakefield@mesmac.co.uk)**

### **REBOUND**

REBOUND are a local substance misuse service who specialise in supporting young people.

**Telephone: 01924 211113**

**Email: [rebound@cri.org.uk](mailto:rebound@cri.org.uk)**

# Focus Team

Wakefield forensic

child and adolescent

mental health service

Information leaflet for young people and their carers

### **Your feedback is welcome**

We invite you to share any comments, compliments, concerns or complaints you have about our service. Please speak to a member of staff or contact our Customer Services team on 0800 587 2108. If you would like help understanding this information, please also contact us on this number.



With all of us in mind

## Who are we?

We are the forensic child and adolescent mental health service (CAMHS) Focus Team for Wakefield.

We provide consultations, assessments and interventions for young people who are displaying behaviour that is a risk to others, for example violence or harmful sexual behaviour.

Some of the young people we see might be involved with the criminal justice system or are at risk of entering it.

We also offer advice to other organisations such as the youth offending team, social care or other CAMHS teams if they have concerns that your behaviour can pose a risk to yourself and others.

## Why have I been referred to you?

It is likely you will have been referred by a professional who is currently involved in your care.

You will have been referred to us so we can talk with you and explain how we can help you.

## What happens next?

You will receive an appointment for an assessment. The assessment will be carried out in a place where you feel safe and comfortable.

During the appointment we will discuss the reasons why you have been referred to the Focus Team and identify how we can help you.

We may talk about some of your previous or current life experiences. This will be addressed in a sensitive and understanding manner to support you to feel comfortable throughout.

## Who might I see?

Our team is made up from the following professionals:

- Service manager and nurse consultant
- Consultant psychiatrist and clinical lead
- Senior clinical psychologist
- Senior social worker
- Mental health nurses
- Team secretaries

## What if I don't want to attend the appointment?

We hope that you will agree to attend the appointment with us. We try to offer appointments where you feel safest and most comfortable. At the appointment we can discuss any worries or concerns you might have regarding the assessment process.

## What happens after the assessment?

You may need several appointments with the team in order to ensure that we have all the relevant information to complete an accurate assessment.

On completion of your assessment, we will discuss different approaches available to meet your current needs. Your wishes will be taken into account at all stages of the process.

## Will my information be kept confidential?

Confidentiality is very important to us. The information you provide will only be shared with relevant professionals. This will be explained to you in more detail at your appointment.



**Team address:**  
5 West Parade, Wakefield, WF1 1LT



**Telephone:**  
01924 304172